

# **La diagnosi dell'infezione da HIV: protocollo standard e principali markers di progressione della malattia**

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**TORINO**

# LA STORIA DELLA SCOPERTA DI HIV

**1981**

- Primi casi di AIDS (CDC Atlanta, USA)

**1983**

1. Luc Montagnier e Barre-Sinoussi  
Institut Pasteur a Parigi

*LAV – Lymphadenopathy virus*

2. Robert Gallo, NIH, Bethesda, USA

*HTLV I, II – Human T-cell Leukemia viruses*

3. HIV è l'agente che causa l'AIDS:

*Gallo identifica LAV come HTLV III*

**1985**

- Primi test sierologici

**1995**

- **HAART** *Highly Active Antiretroviral therapy*

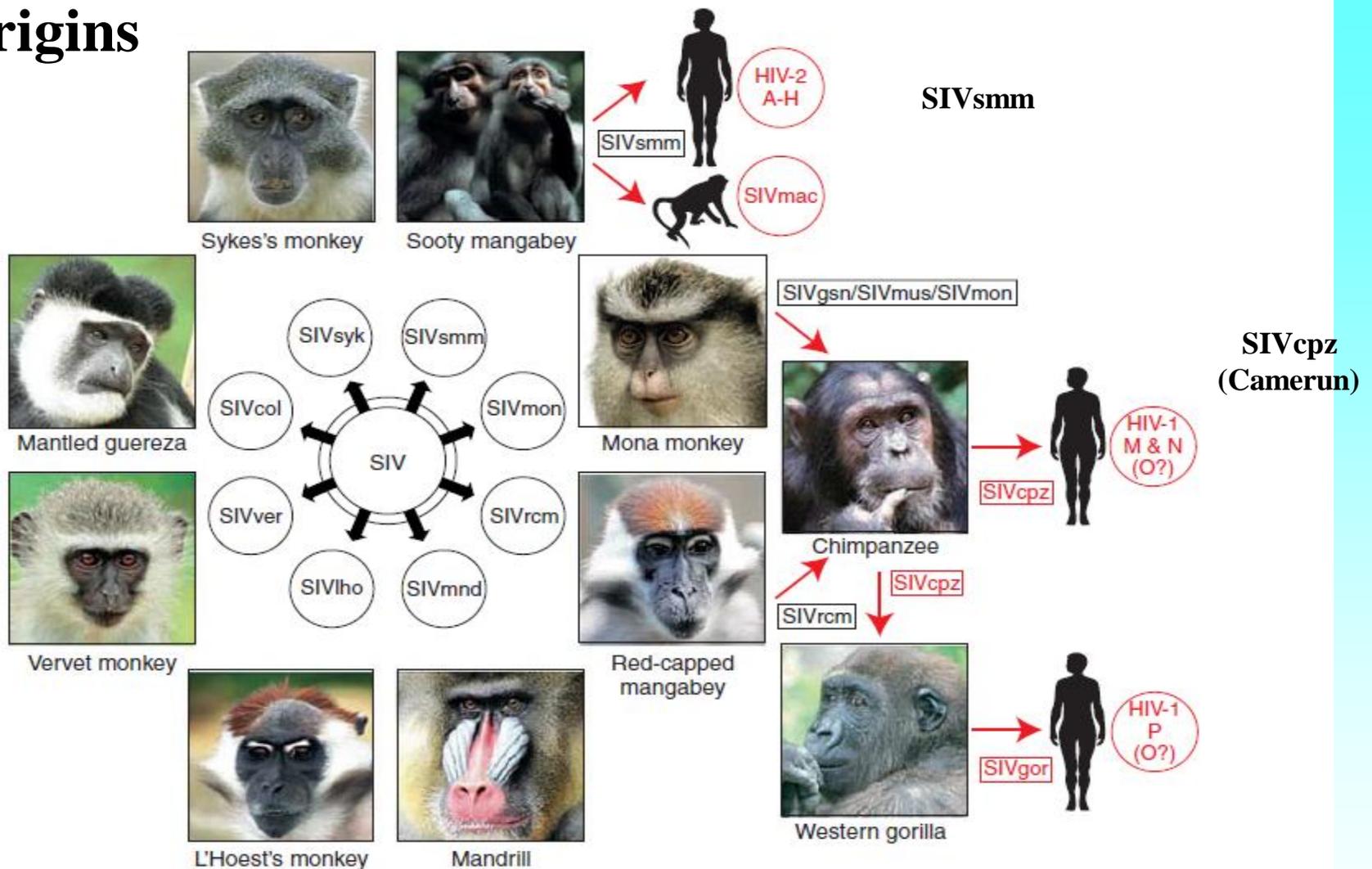
# Nobel Prize for HIV discovery, 2008



# Luc Montagnier at Amedeo di Savoia Hospital, 2012



# Origins



**Figure 1.** Origins of human AIDS viruses. Old World monkeys are naturally infected with more than 40 different lentiviruses, termed simian immunodeficiency viruses (SIVs) with a suffix to denote their primate species of origin (e.g., SIVsmm from sooty mangabeys). Several of these SIVs have crossed the species barrier to great apes and humans, generating new pathogens (see text for details). Known examples of cross-species transmissions, as well as the resulting viruses, are highlighted in red.

## A Tale of Two Monkeys



Rhesus



Sooty Mangabey

- Rhesus (pathogenic SIV infection) – model for HIV infection
  - High-level viremia
  - Circulating CD4 depletion
  - OI risk and death
  - High-level immune activation
- Sooty mangabey (nonpathogenic SIV infection)
  - High-level viremia
  - CD4 depletion extremely rare
  - No OIs
  - Low-level immune activation

# HIV and genetic variability

$10^{-9}$

$10^{-7}$

$10^{-5}$

$10^{-3}$

substitution/base/cycle

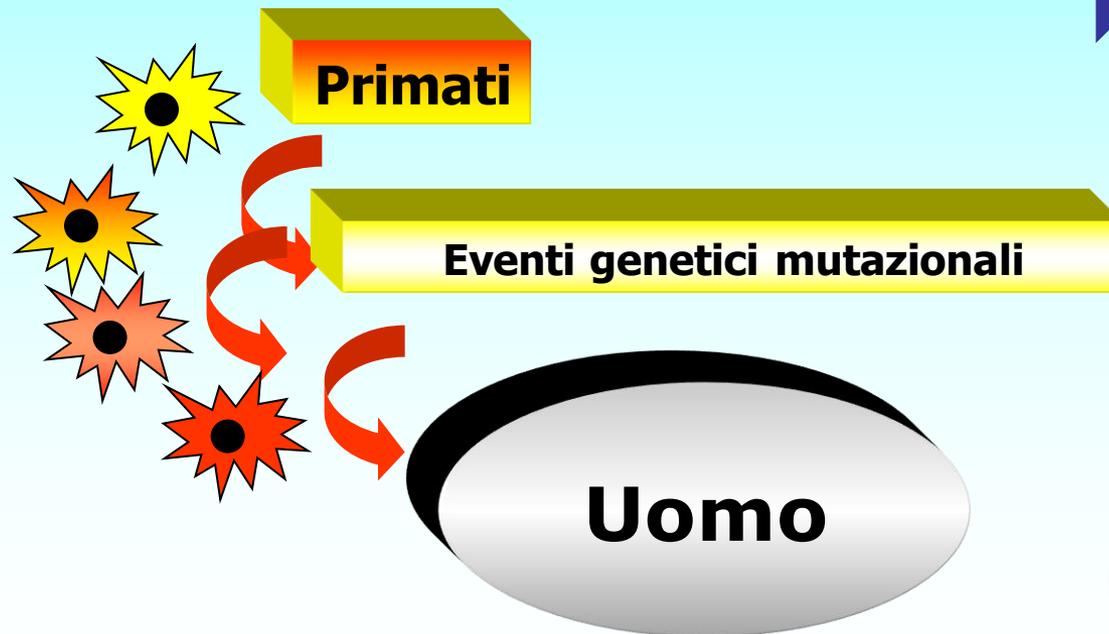
Human  
genes

DNA  
Virus

HBV

RNA  
virus

**HIV**



Salto di barriera  
genetica in  
almeno tre  
occasioni dando  
luogo a 3 gruppi  
(O,N,M)

# Variabilità genetica di HIV-1 gruppo M, N e O e isolati da primati

Analisi sequenza completa gene

**Gruppo M**

Divergenza  
• 20-30% *env*  
• 15-22% *gag*

**Gruppo O**

*env*

*SIV*<sub>CPZ-ANT</sub>

*SIV*<sub>CPZ-CAM3</sub>

*SIV*<sub>CPZ-GAB</sub>

*SIV*<sub>CPZ-US</sub>

**Gruppo N**

**C**

**H**

**J**

**A**

**G**

**K**

**F**

**D**

**B**

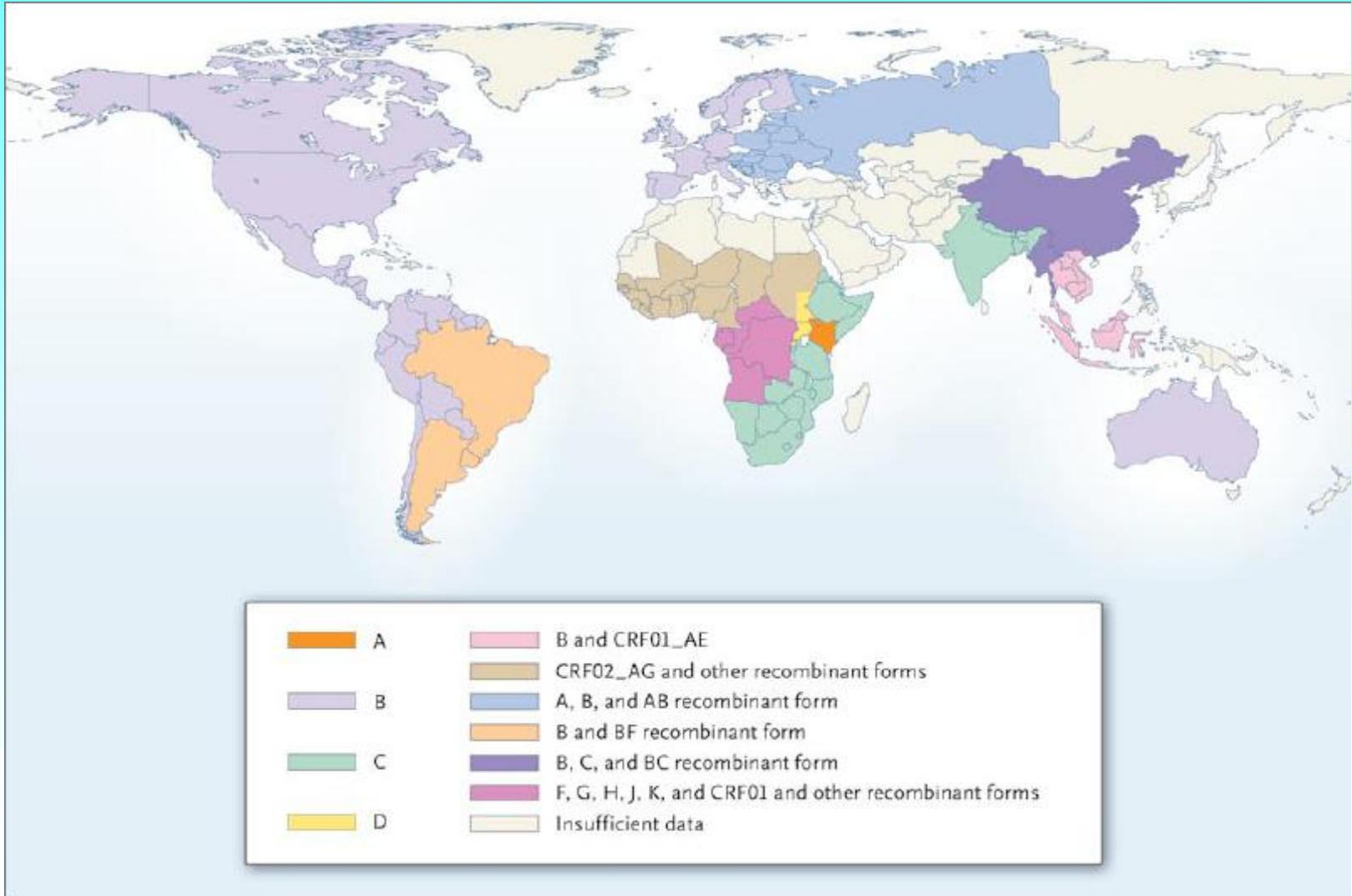
**Primati non  
umani**

100 anni fa?

**Uomo**

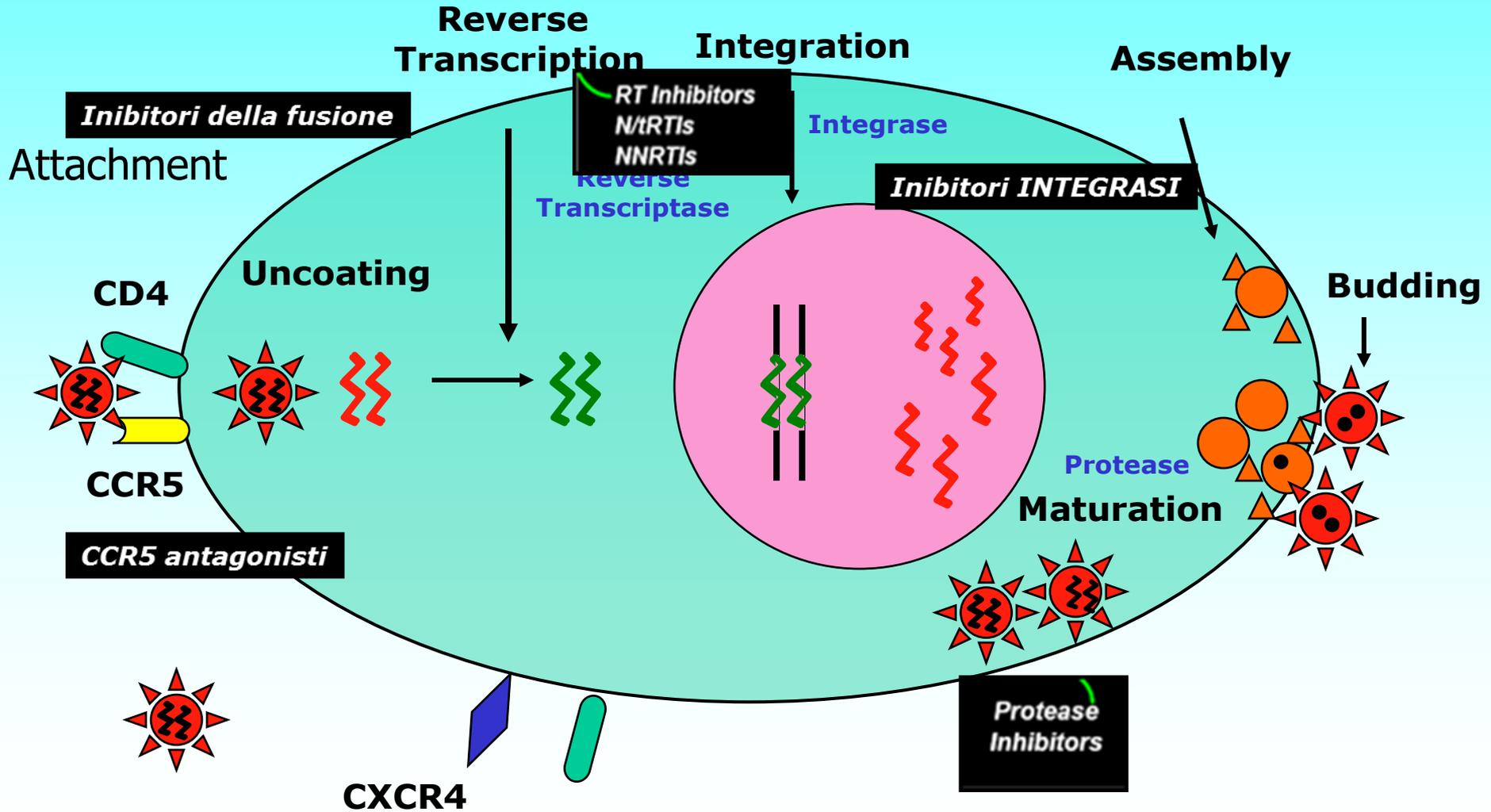
0.10

# Distribuzione dei sottotipi di HIV e forme ricombinanti

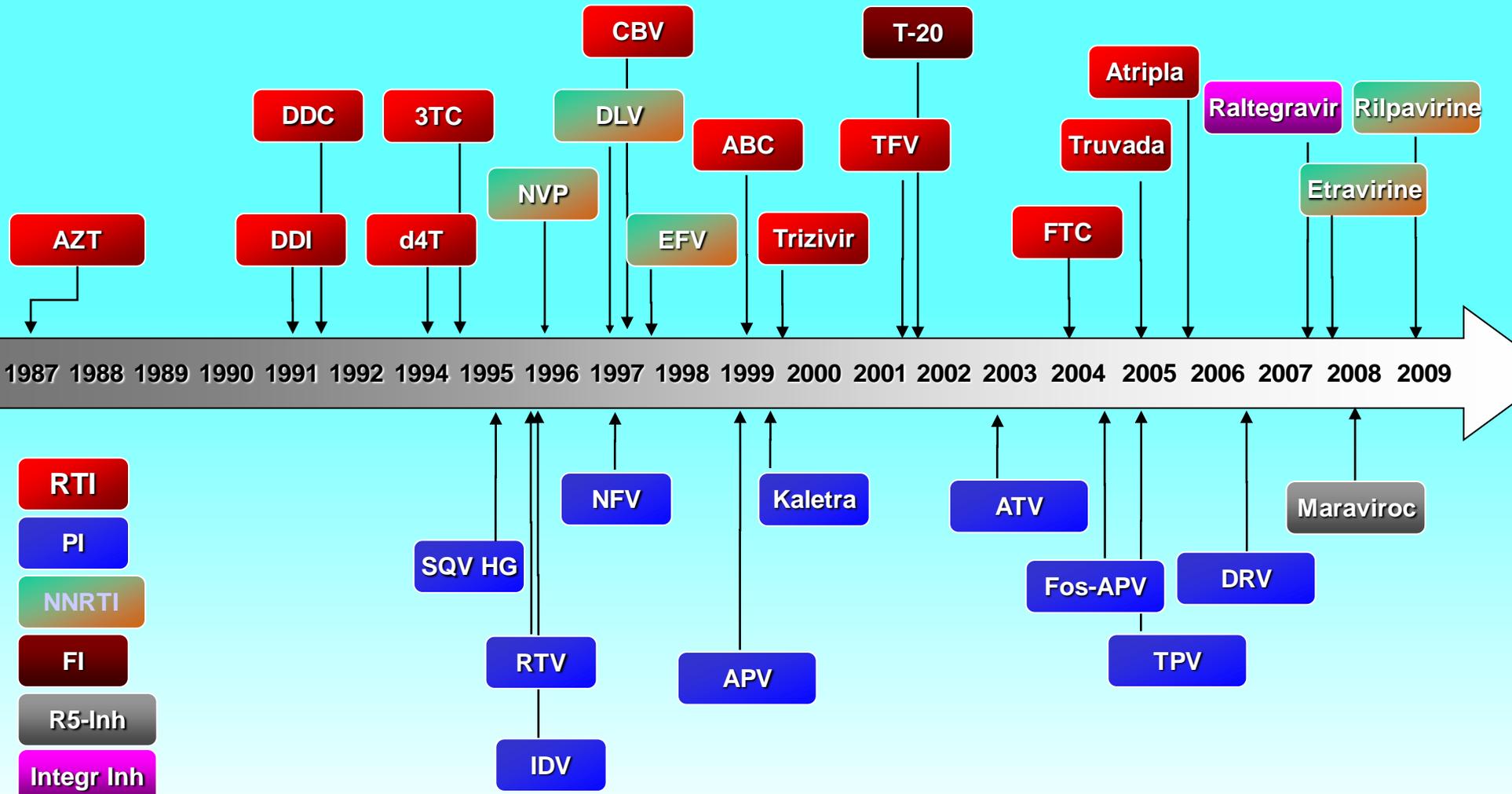


# Principale bersaglio del virus: Linfocita T CD4+ (e macrofagi, monociti, cellule della microglia SNC, cellule dendritiche cute e mucosa)

## HIV-1 Replication Cycle

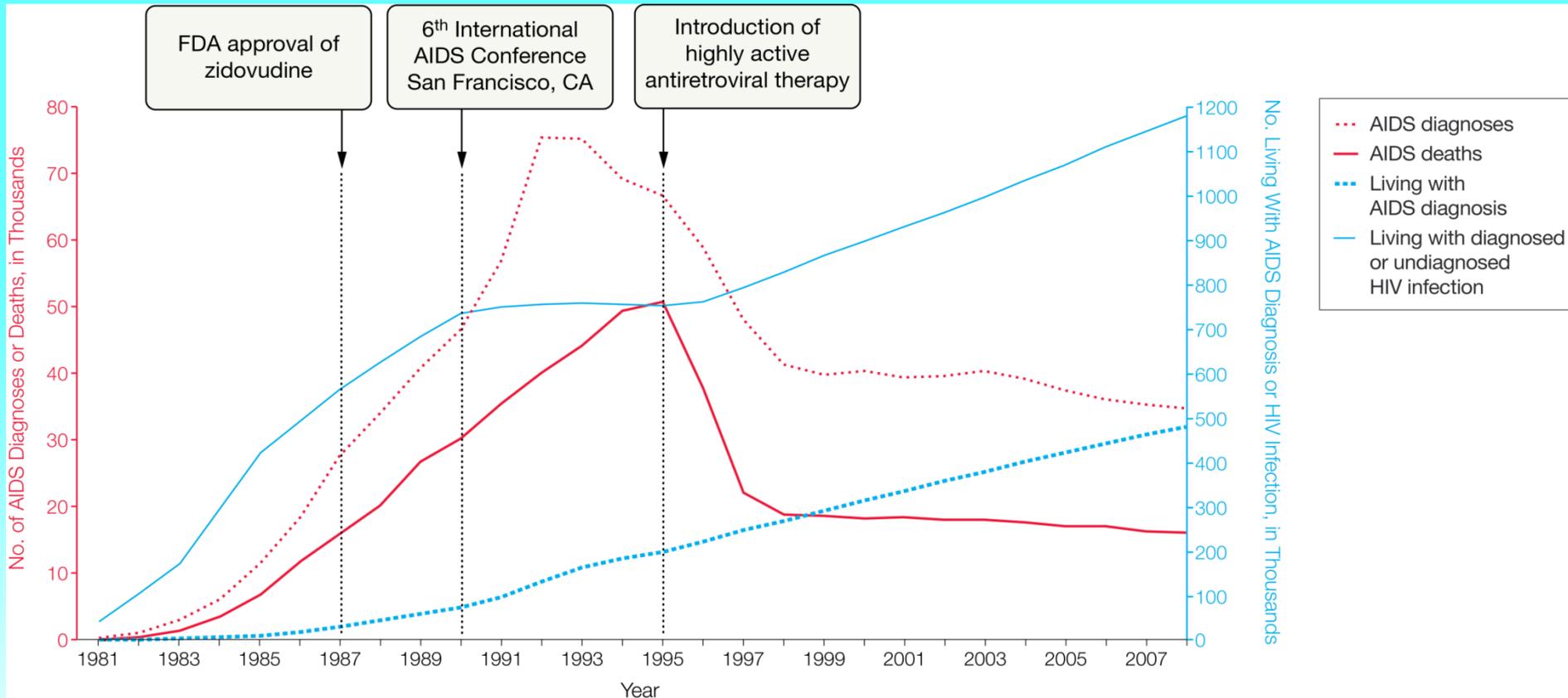


# Approved Antiretrovirals



# HIV/AIDS from 1990 to 2012

## From San Francisco, 1990 to Washington, DC, 2012



**Steinbrook, et al. JAMA. 2012;308(4):345-346**

# HIV Research Network

**32 483 patients received care at 12 clinics between 2001 and 2010**

**Table 1.** Demographics of Study Sample by Calendar Year

	No. (%) of Patients by Calendar Year <sup>a</sup>									
	2001 (n = 5445)	2002 (n = 6433)	2003 (n = 8287)	2004 (n = 9537)	2005 (n = 10137)	2006 (n = 11 030)	2007 (n = 12194)	2008 (n = 13 719)	2009 (n = 14 684)	2010 (n = 15 944)
CD4 T-cell count, / $\mu$ L										
≤200	1653 (30.4)	1711 (26.6)	2062 (24.9)	2271 (23.8)	2357 (23.3)	2382 (21.6)	2515 (20.6)	2767 (20.2)	2728 (18.6)	2674 (16.8)
>200	3792 (69.6)	4722 (73.4)	6224 (75.1)	7266 (76.2)	7780 (76.8)	8648 (78.4)	9679 (79.4)	10952 (79.8)	11 956 (81.4)	13 270 (83.2)
Receiving ART										
Recommended <sup>c</sup>	1596 (77.6)	1752 (79.2)	2166 (77.2)	2280 (77.5)	2475 (80.9)	2498 (81.7)	4956 (80.9)	5905 (85.5)	6320 (89.9)	6313 (91.3) <sup>b</sup>
All	3597 (66.1)	4340 (67.5)	5490 (66.3)	6254 (66.0)	6887 (69.2)	7769 (72.0)	8773 (74.9)	10 609 (79.3)	11 980 (83.7)	13 372 (86.3) <sup>b</sup>
HIV RNA ≤400 copies/mL <sup>d</sup>	1008 (44.7)	1432 (44.9)	1895 (45.8)	2543 (51.5)	3146 (55.2)	3831 (58.6)	4358 (60.5)	5591 (63.8)	6852 (68.6)	8061 (72.2) <sup>b</sup>

<sup>c</sup> Among patients recommended to receive ART: CD4 T-cell count of 200/ $\mu$ L or less for 2001-2006; CD4 T-cell count of 350/ $\mu$ L or less for 2007-2010.

***Yehai, et al. JAMA, July 25, 2012—Vol 308 (4):339-341***

# Metodi di Laboratorio per l'identificazione di HIV

*Murray, 9th Ed, 2007*

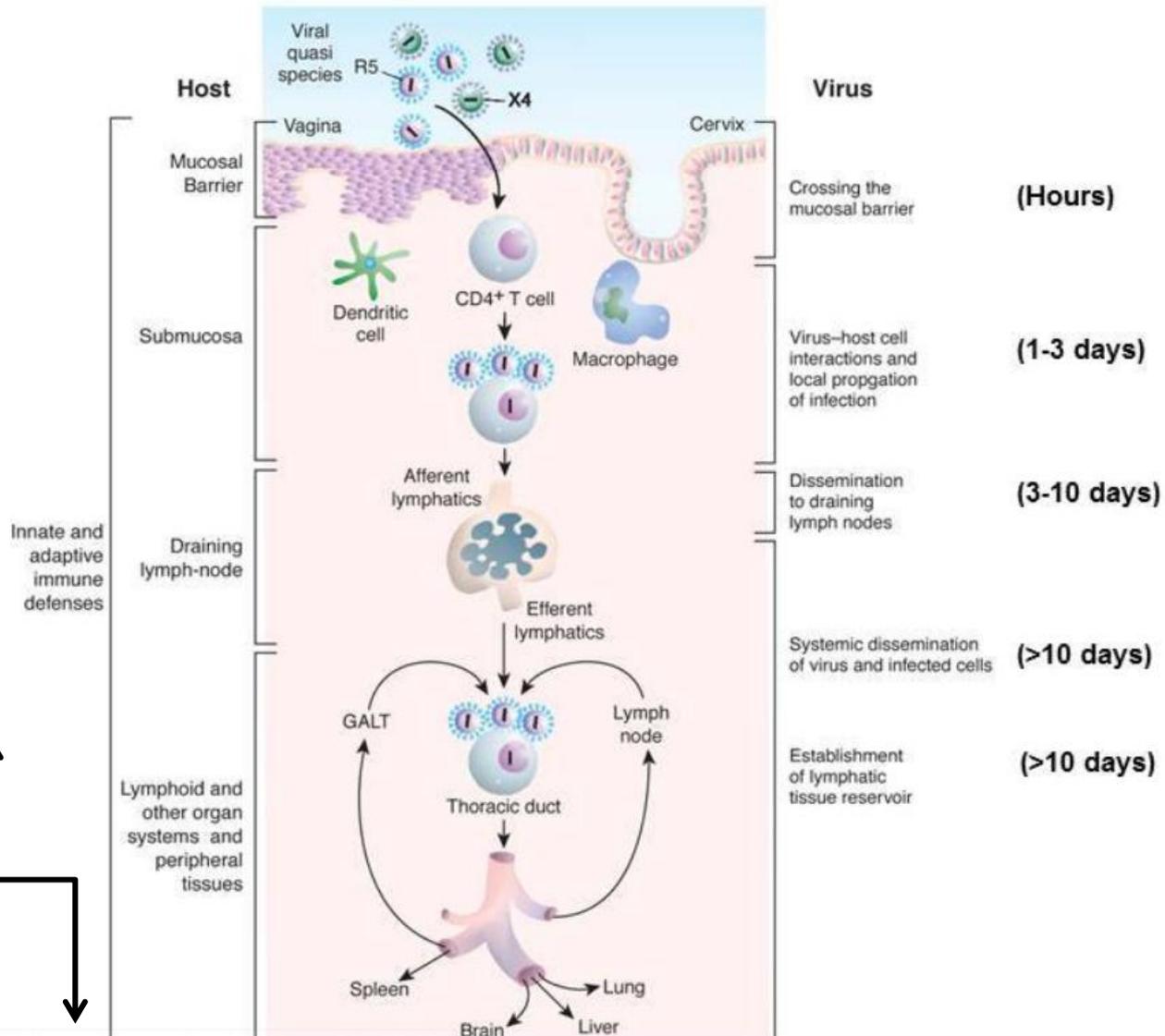
## Ruolo nella diagnosi di infezione da HIV

<b>Isolamento in coltura</b> <i>Only for research</i>	<b>Ricerca Antigene</b>	<b>Ricerca di HIV RNA</b> <b>Test molecolari</b>	<b>Ricerca anticorpi</b> <b>Test sierologici</b>
↑	↑	↑↑↑	↑↑↑

Serology is the primary diagnostic methods

HIV RNA is to confirm the diagnosis of HIV infection in the early stages or when serology is negative (window period)

# HIV-1 Infection Events and Time Course

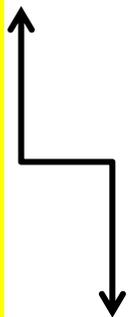


**Diagnosi di laboratorio**

**HIV-RNA**

**Antigene p24**

**Anticorpi**



# Diagnosi di Laboratorio di infezione da HIV

**Anticorpi anti-HIV 1/2**

**Test di screening**

***Sensibilità e specificità***

***molto elevate***

**Test di conferma**

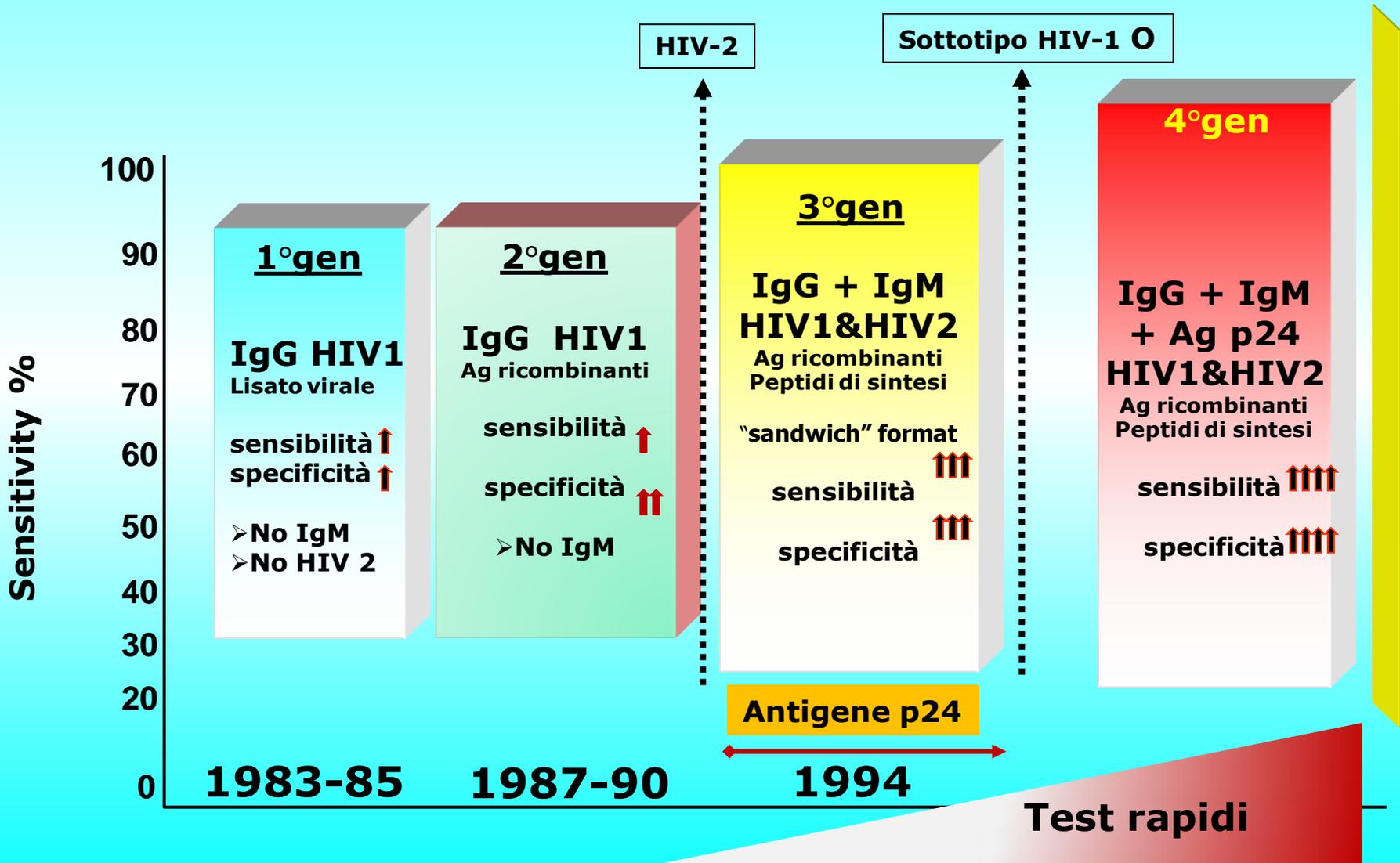
**Western blot**

**Test per la ricerca del virus**

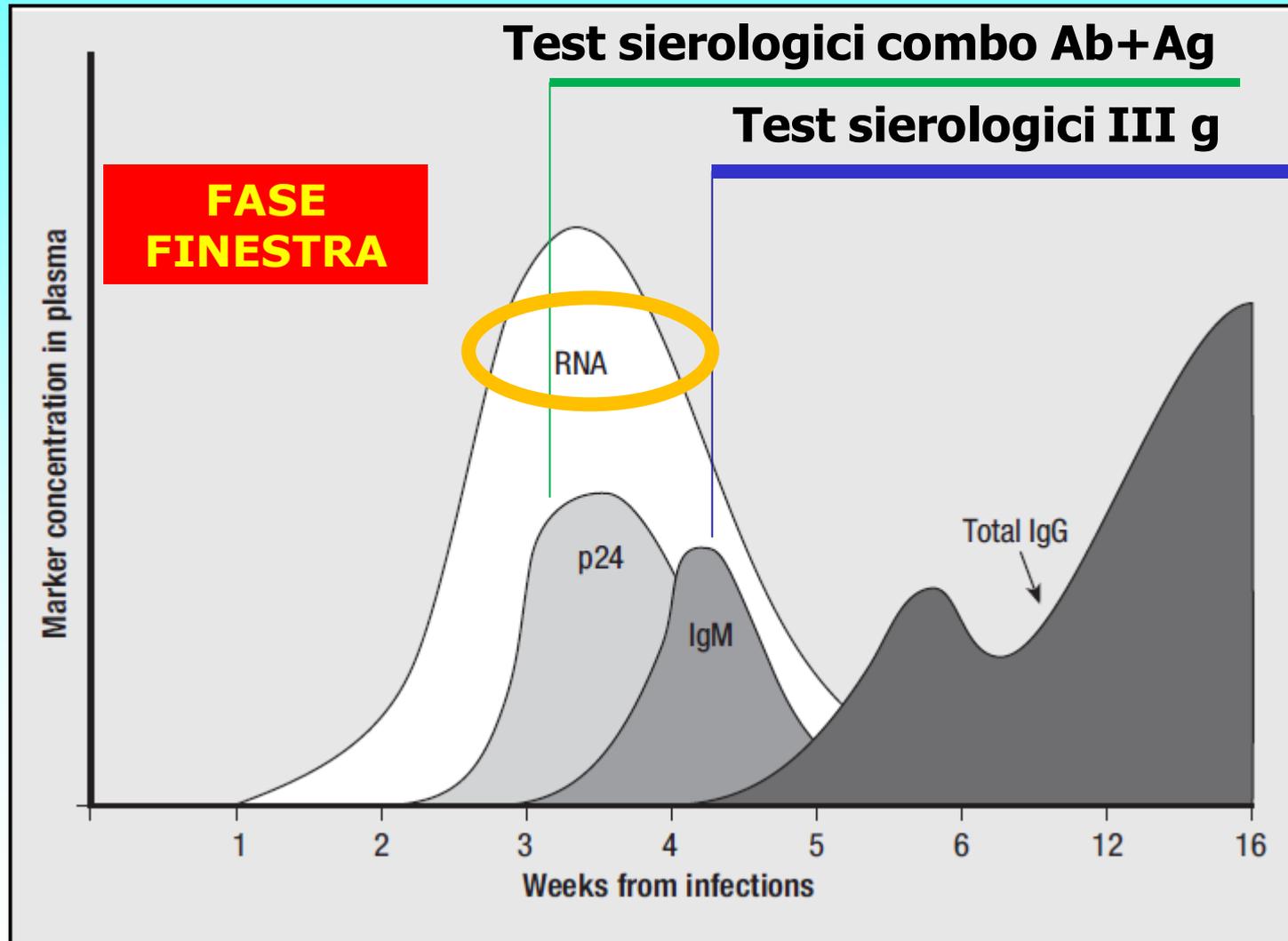
**HIV RNA**

# Evoluzione tecniche sierologiche per ricerca anticorpi anti-HIV

Riduzione fase finestra

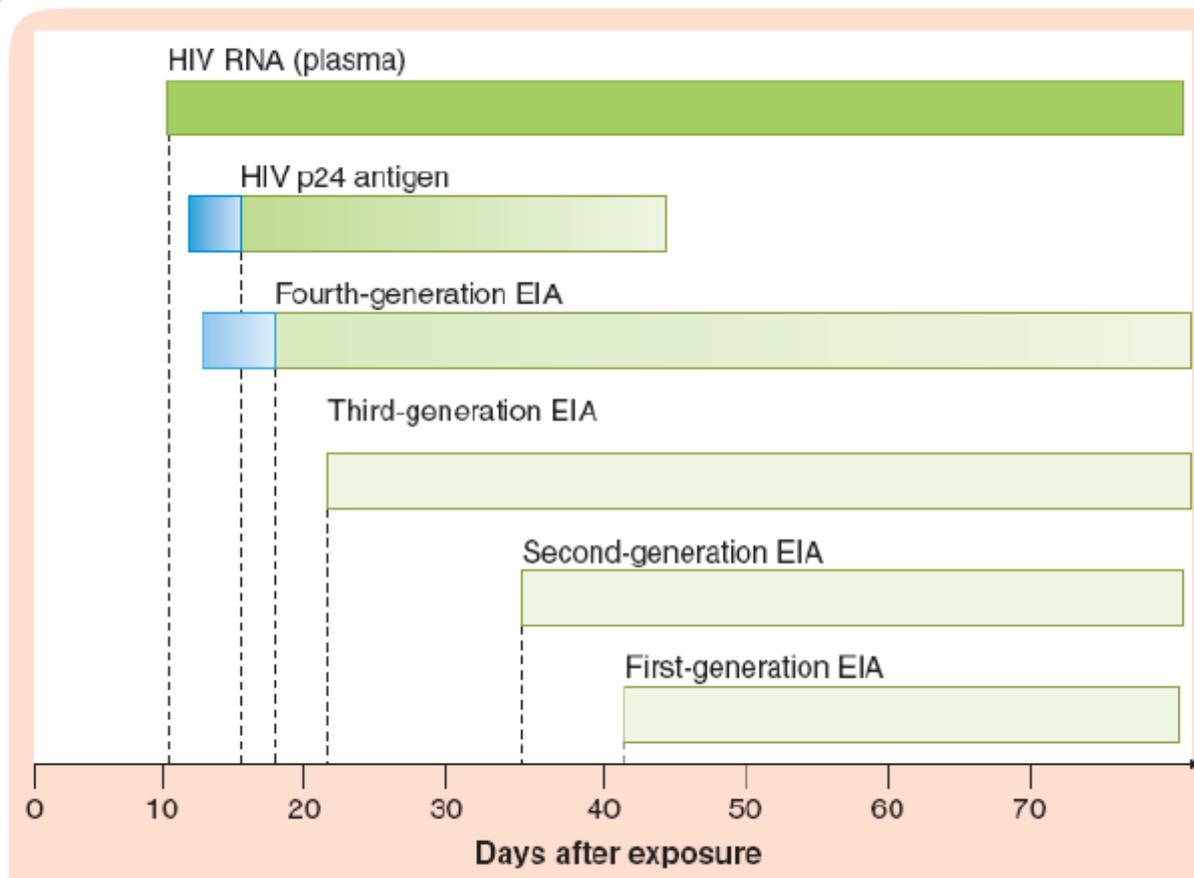


# Virological markers during the first weeks following infection with HIV



# Fase finestra

- ❖ **Un buon numero di casi è già sieropositivo a 2-3 settimane dal primo contatto**
- ❖ **La maggior parte positivizza entro 3 mesi.**
- ❖ **Un test a 6 mesi è risolutivo.**



**Figure 1. Diagnostic window of specific markers of HIV infection.** The blue sections at the beginning of the bars for HIV p24 antigen and fourth-generation antigen EIA indicate the respective reduction of the diagnostic window, which can be achieved with the most sensitive assays.

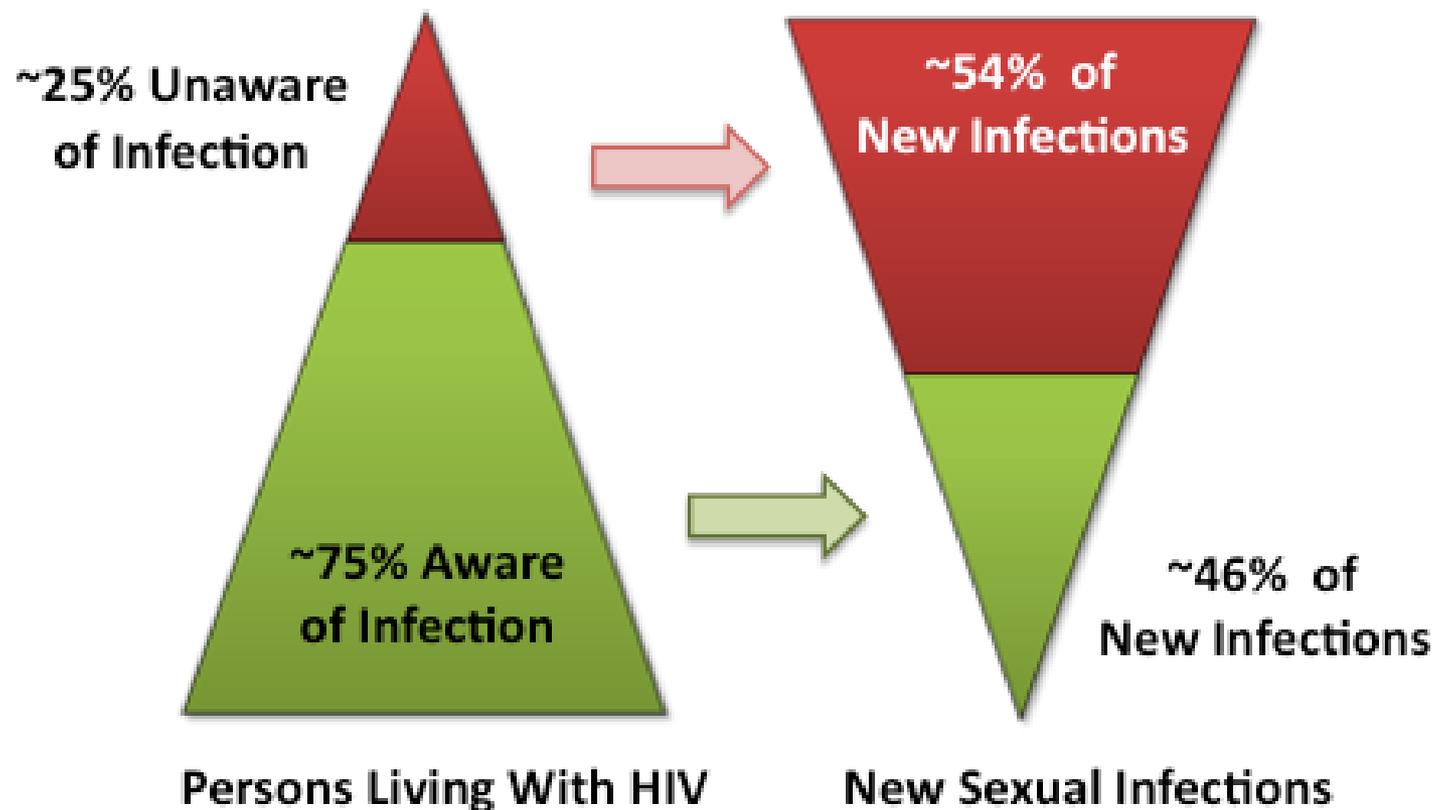
## **Test rapidi per anticorpi anti-HIV**

**I risultati reattivi vanno sempre  
confermati da un Laboratorio di  
Riferimento e in tempi rapidi**

**[www.cdc.gov](http://www.cdc.gov) 2008**

# Perché è importante il test anti-HIV

## Awareness of Serostatus



# Perché è importante il test rapido

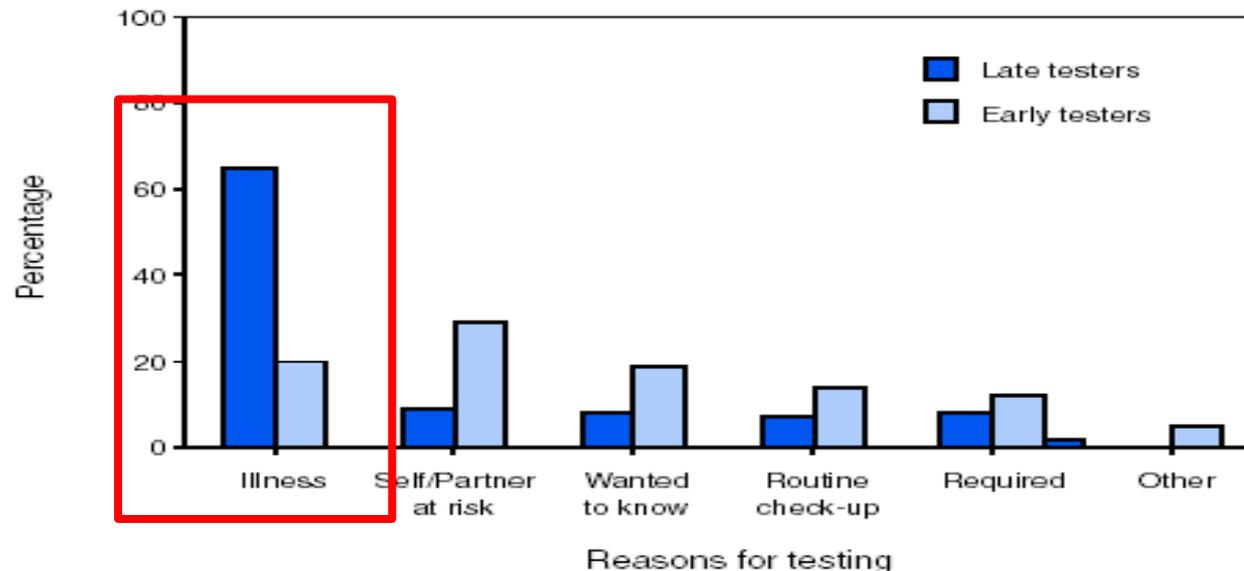
MMWR™

Weekly

June 27, 2003 / 52(25);581-586

Figure

FIGURE. Percentage of late and early testers\*, by testing — 16 sites,† United States, 2000–2003



\* Late testers were defined as persons who had their first positive HIV test  $\leq 1$  year of diagnosis of AIDS; early testers were defined as persons who either had their first positive HIV test  $\geq 5$  years before the diagnosis of AIDS or had  $\geq 5$  years without a diagnosis of AIDS after their first positive HIV test.

† Arizona, California, Colorado, Connecticut, Delaware, Florida, Georgia, Kansas, Maryland, Michigan, Minnesota, New Jersey, New Mexico, South Carolina, Texas, and Washington.

# Il test rapido ideale

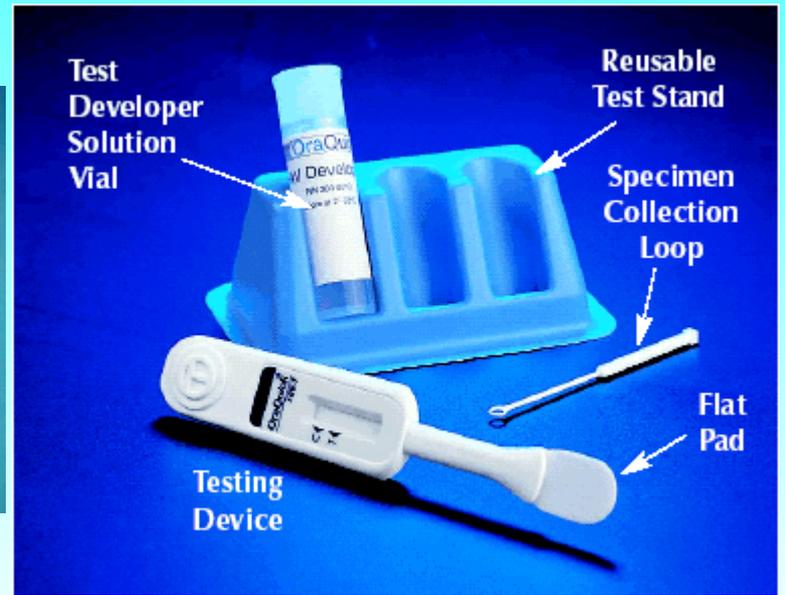
## criteri ASSURED

- **A= accessibile** *Affordable*
- **S= sensibile** *Sensitive*
- **S= specifico** *Specific*
- **U= user-friendly** *U*
- **R= robusto** *Robust*
- **E= equipment-free** *E*
- **D= disponibile** *Deliverable*

**Low cost: 5\$**



**Reveal G3 HIV 1    ClearView HIV 1/2 Stat Pak**



**Ora Quick Advance HIV 1/2**



**Multispot  
HIV-1/HIV-2**

**Uni-Gold Recombigen HIV 1    ClearView Complete HIV 1/2**



# Test rapidi marcati CE

Nom	Matrice	Technique	Performances annoncées	
			Sensibilité	Spécificité
INSTI HIV 1/2	Sérum, plasma, sang total	Immunofiltration	99,2 (sérum)	99,9
			99,6 (plasma)	99,9
			99,6 (sang total)	99,4
VIKIA HIV 1/2	Sérum, plasma, sang total	Flux latéral	99,7 (sérum, plasma)	99,6
			99,9 (sang total)	99,9
Determine HIV 1-2	Sérum, plasma, sang total*	Flux latéral	100,0 (sérum)	99,75
			100,0 (plasma)	
			100,0 (sang total)	
Core HIV 1/2	Sérum	Flux latéral	100,0	99,75
Immunoflow HIV1-HIV2	Sérum	Flux latéral	100,0	100,0
ImmunoComb II HIV 1+2 BiSpot	Sérum, plasma	EIA phase solide	100,0	99,4
DoubleCheck II HIV 1/2	Sérum, plasma	Immunofiltration	100,0	99,3
Miracare rapid HIV antibody test	Sérum, plasma, sang total	Immunofiltration	99,7	99,7
ORAQUICK Advance <i><b>FDA approved</b></i>	Sérum, plasma, sang total Salive	Flux latéral	99,6 (plasma)	99,9
			99,6 (sang total)	
			99,3 (salive)	
Retrocheck HIV	Sérum	Flux latéral	100,0	99,75
Retroscreen HIV	Sérum, plasma	Flux latéral	100,0	99,8



# **Body Fluids Used for HIV Rapid Testing**

**Serum**

**Plasma**

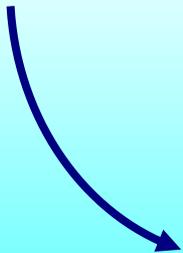
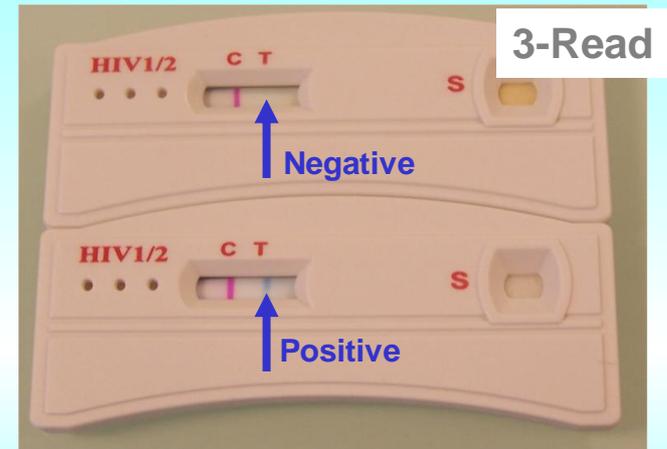
**Whole blood**

**Oral fluids**

**Dried Blood spot**

# Easy to perform Capillary blood

*HIV 1/2*

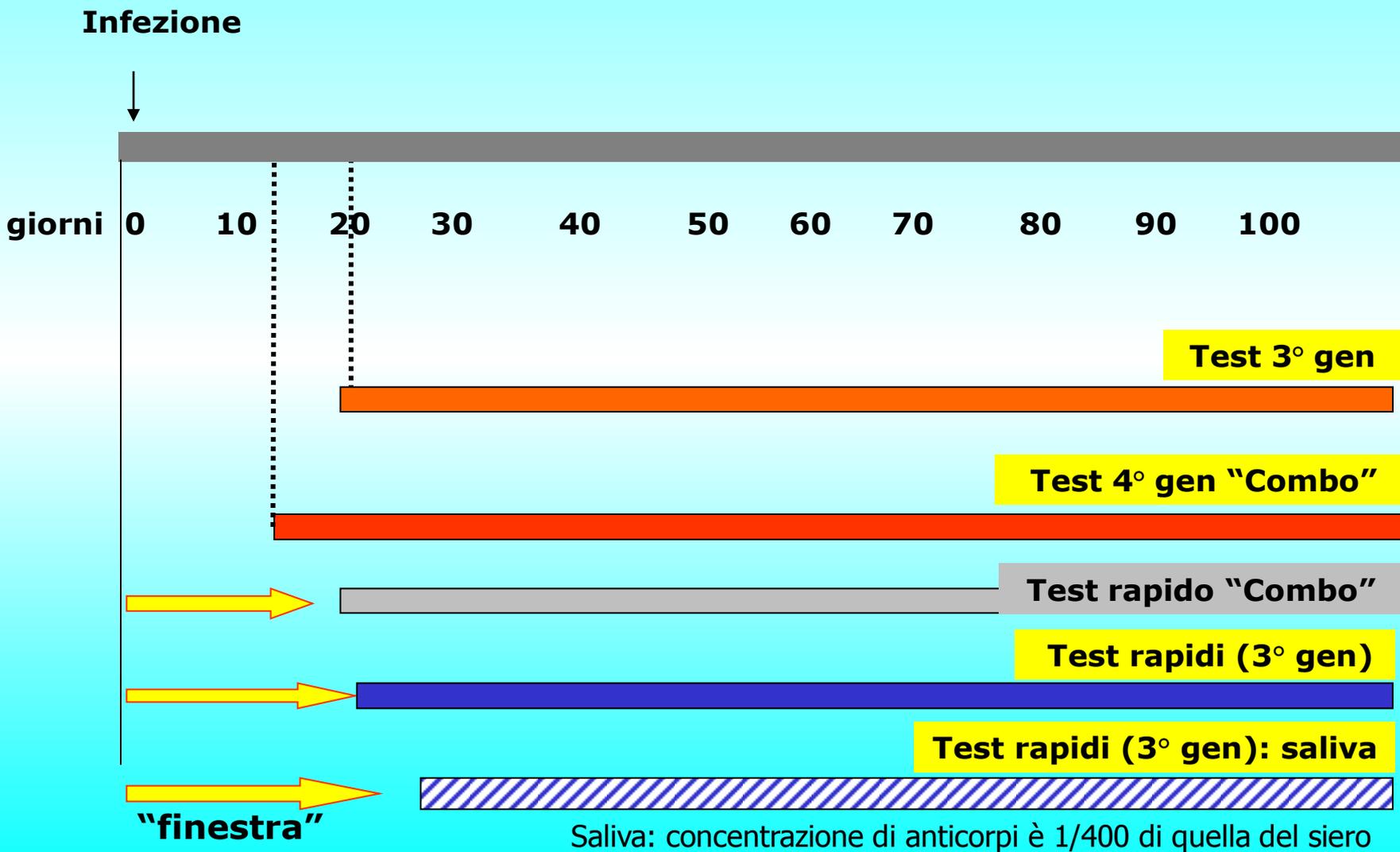


**Dispense: 2 drops of blood + 1 drop of buffer**

# Oral Fluid Specimen



# Criticità dei Test rapidi: sensibilità



# Multi-test algorithms, CDC 2009

- **I risultati NON REATTIVI possono essere riportati come NEGATIVI**
  - **Se esposizione recente → test di 4<sup>a</sup> GENERAZIONE**
- **I risultati REATTIVI richiedono conferma "IMMEDIATA" con Western blot o HIV RNA**
- **I risultati INVALIDI vanno ripetuti con test di 4<sup>a</sup> GENERAZIONE**

**I risultati reattivi/positivi al test di screening per anti-HIV vanno sempre confermati con:**  
***Western Blot e/o HIV RNA***

**Linee guida WHO, CDC e Ministero della salute**

**[www.cdc.gov](http://www.cdc.gov) 2006, 2008 e 2009 - FDA, 2007**

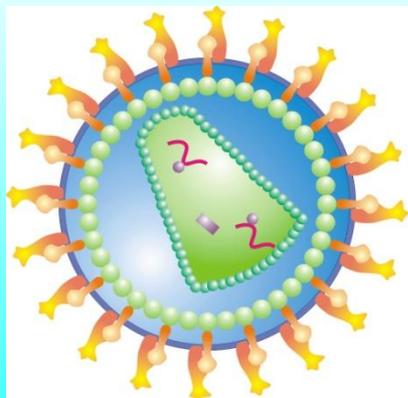
# Western blot

- ❖ E' il classico test di conferma
- ❖ Viene eseguito su tutti i campioni **non negativi**

(test di conferma)

Purificazione Ag

Rottura del virus



Crescita su colture linfociti

Elettroforesi  
proteine di HIV

gp 110/120

p 64/81

gp 41

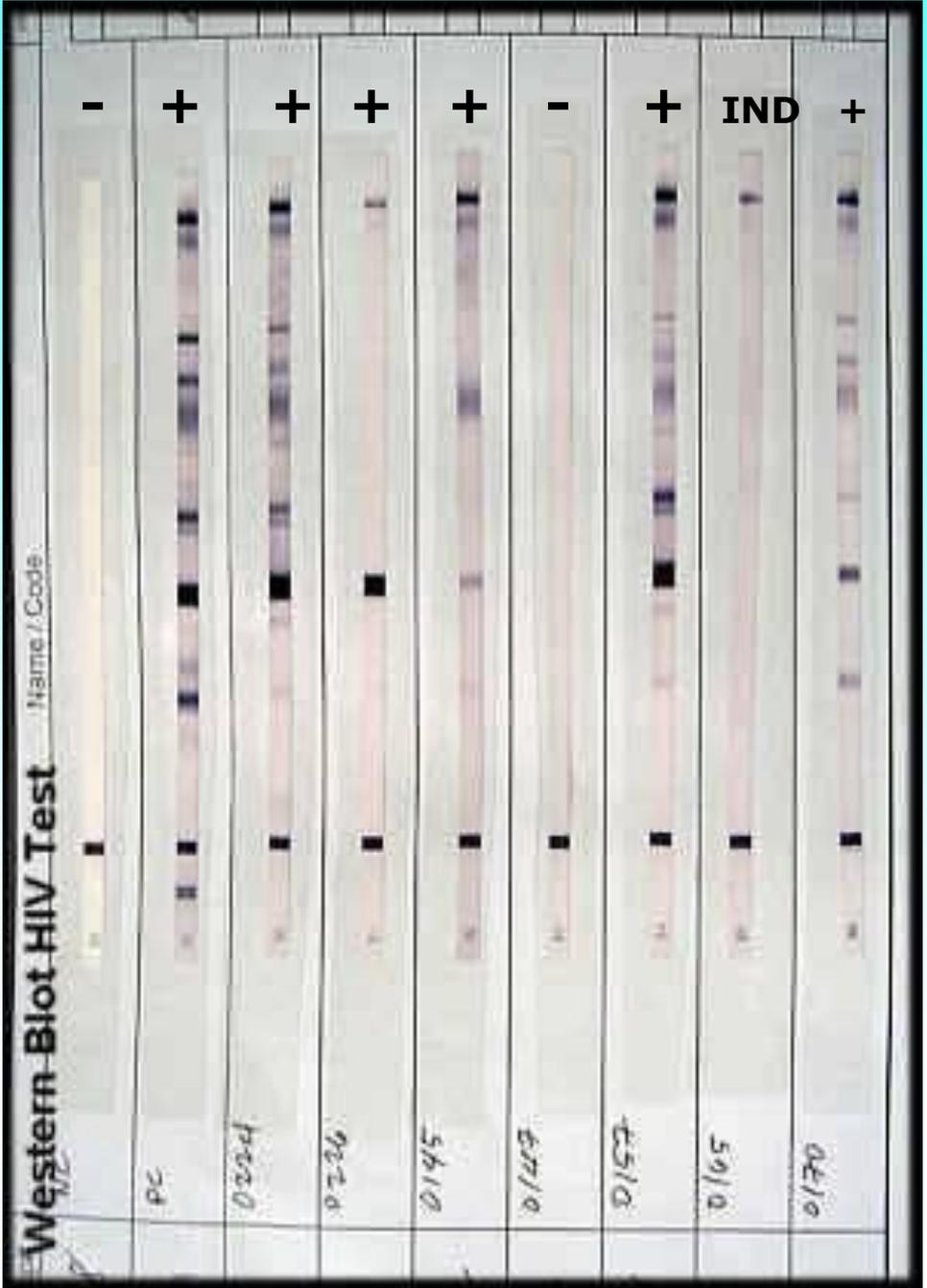
p 31/34

p 24/25

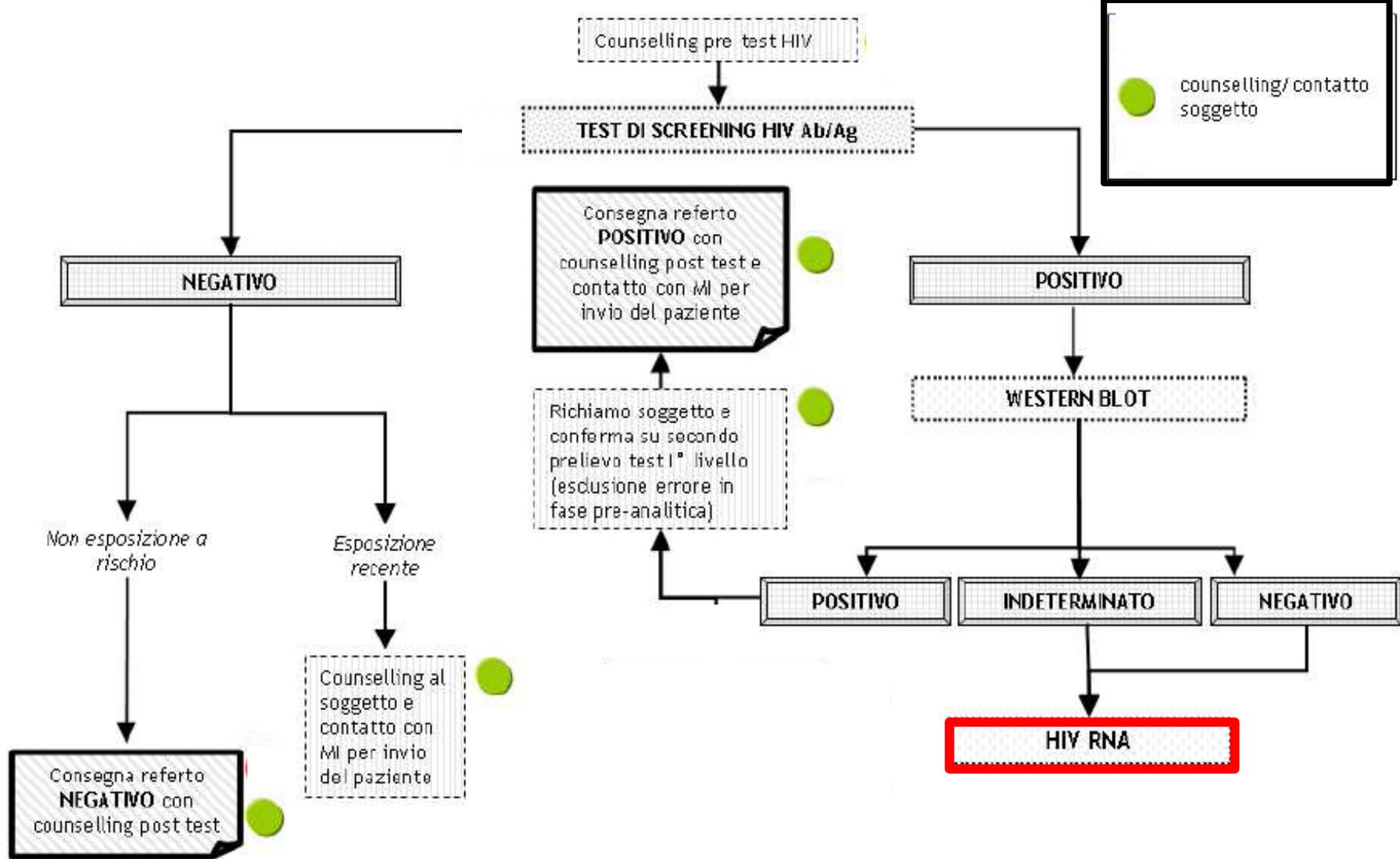
Siero del paziente







gp 160  
 gp 110/120  
 p 64/68  
 p 52/55  
 gp 41  
 p 31/34  
 p 24  
 p 17/18



**Laboratorio di Microbiologia e Virologia  
Ospedale Amedeo di Savoia  
Algoritmo diagnostico per accertare infezione da HIV**

# Diagnosi di Laboratorio di infezione da HIV

## Test di screening

Anticorpi anti-HIV

## Test di conferma

Western blot

## Test per la ricerca del virus

**HIV RNA**

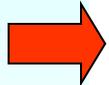
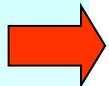
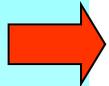
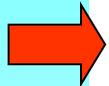
# HIV RNA

- **Identifica la presenza del virus e quanto il virus si replica**
- **Conferma la diagnosi sierologica**  
*In tutti i casi ed è risolutivo per:*
  1. Fase finestra
  2. Test di screening+ /western blot negativi o indeterminati
- **Identifica il genotipo di HIV**
- **Consente il Monitoraggio e valutazione di efficacia della terapia**
- **Identifica la resistenza alla terapia**

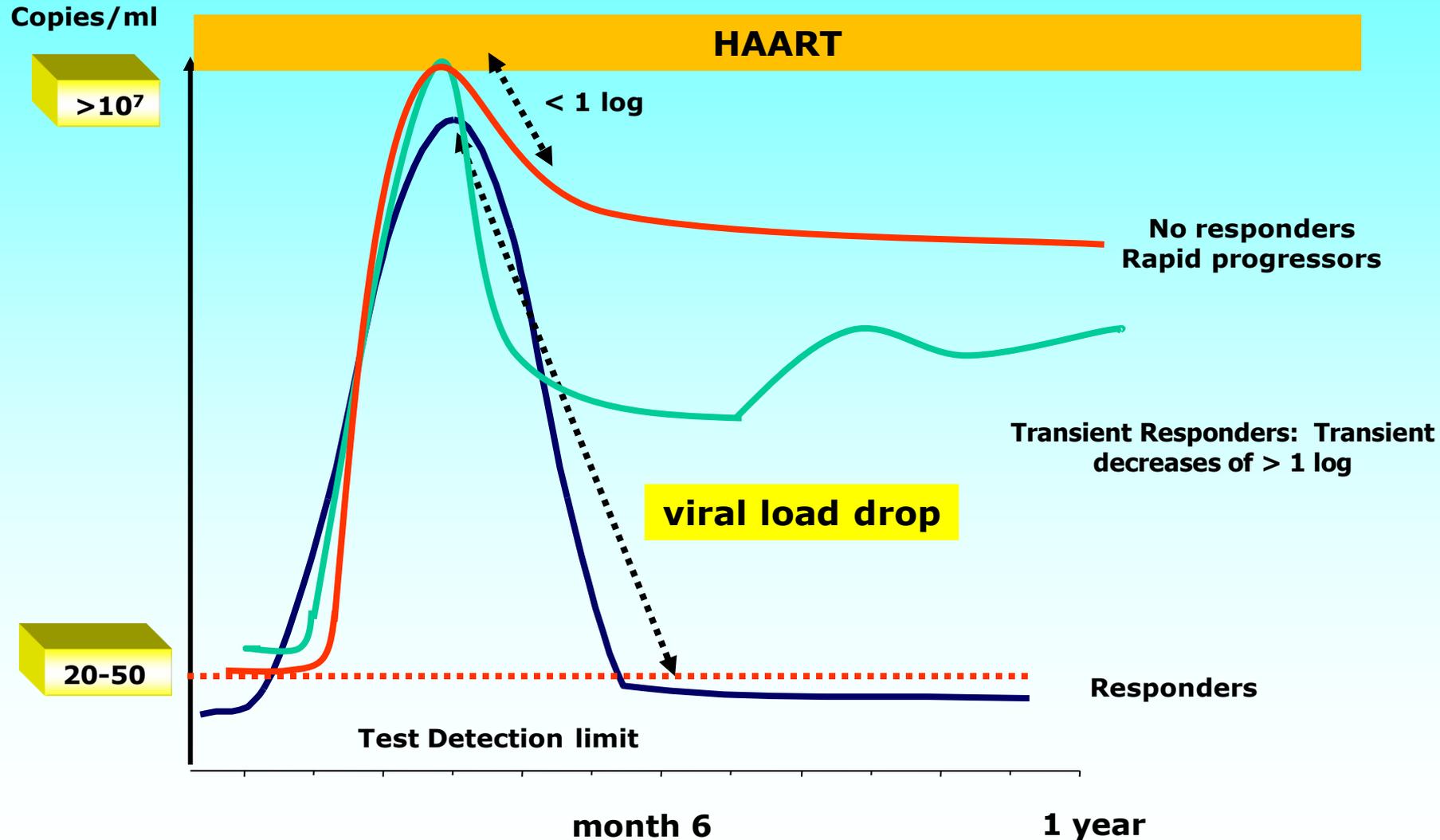
# Indication for plasma HIV RNA testing

U.S. Department of Health and Human Services *DHHS*,

Clinical Indication	Information	Use
Syndrome consistent with acute HIV infection (See <a href="#">Table 25.</a> )	Establishes diagnosis when HIV antibody test is negative or indeterminate	<b>Diagnosis</b>
Initial evaluation of newly diagnosed HIV infection	<b>BASELINE</b>	Use in conjunction with CD4 count for decision to start or defer therapy
Every 3–4 months in patients not on therapy	Changes in viral load	Use in conjunction with CD4 count for decision to start therapy
2–8 weeks after initiation of or change in antiretroviral therapy	<b>Therapy assessment</b> <b>After 4- 8 weeks from start</b> <b>Every 3-6 months</b>	
3–4 months after start of therapy		
Every 3–4 months in patients on therapy	Durability of antiretroviral effect	Decision to continue or change therapy
Clinical event or significant decline in CD4 T-cells	Association with changing or stable viral load	Decision to continue, initiate, or change therapy



# HIV RNA monitoring as a measure of the virologic response



# HIV : Test di resistenza

**Scopo della terapia anti-HIV**

**Azzerare la replicazione di HIV: HIV RNA non rilevabile**

**No replication = No Mutation = No Drug Resistance**

## **Test genotipici**

**Basati sul sequenziamento del virus HIV**

**Profilo genetico virale**

**Profilo di suscettibilità a farmaci**

***Antivirogramma***

# HIV : Test di resistenza

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Ospedale Amedeo di Savoia

## Test genotipici

*Sequenziamento geni di HIV bersaglio di farmaci*

<b>Geni virali</b>	<b>Farmaci</b>
POL/PRO per Proteasi	Inibitori della proteasi
POL/RT per Reverse transcriptasi	Inibitori transcriptasi
POL/IN per Integrasi	Inibitori integrasi
Envelope	Inibitori CCR5

# HIV DRUG RESISTANCE DATABASE – Stanford University

STANFORD UNIVERSITY  
**HIV DRUG RESISTANCE DATABASE**  
*A curated public database designed to represent, store, and analyze the divergent forms of data underlying HIV drug resistance.*

HOME GENOTYPE-RX GENOTYPE-PHENO GENOTYPE-CLINICAL HIVdb PROGRAM

## HIVdb: Genotypic Resistance Interpretation Algorithm

SeqID: 25366-08\_1 25366-08 Fri Dec 12 13:20:09 CET 2008. 1275 bases. Date: 15-Dec-2008

Subtype and % similarity to closest reference isolate:

1. PR: CRF01\_A1
2. RT: CRF01\_A1

### Sequence Quality Assessment

Gene	QA Problem
PR	Stop Codons, Frame Shifts:
RT	Stop Codons, Frame Shifts:

**NRTI Resistance Mutations:** M184V  
**NNRTI Resistance Mutations:** K103N, K238T  
**Other Mutations:** V35T, E40D, V60IV, D123E, S162A, P170PS, K173T, Q174K, D177E, V179IV, T200A, Q207E, R211KR, V245K, P247AP, E248D, A272P, T286A, E291D, V292I, I293V, P294PT, P313PS

**PI Major Resistant**  
**PI Minor Resistant**  
**Other Mutations:**

	Nucleoside RTI		Non-Nucleoside RTI
lamivudine (3TC)	High-level resistance	delavirdine (DLV)	High-level resistance
abacavir (ABC)	Potential low-level resistance	efavirenz (EFV)	High-level resistance
zidovudine (AZT)	Susceptible	etravirine (ETR)	Low-level resistance
stavudine (D4T)	Susceptible	nevirapine (NVP)	High-level resistance
atazanavir/r (ATV)	Susceptible		
darunavir/r (DRV)	Susceptible		
fosamprenavir/r (FAM)	Susceptible		
indinavir/r (IDV/r)	Susceptible		
lopinavir/r (LPV/r)	Susceptible		
nelfinavir (NFV)	Susceptible		
saquinavir/r (SQV/r)	Susceptible		
tipranavir/r (TPV/r)	Susceptible		
tenofovir (TDF)	Susceptible		

**NRTI and NNRTI mutations**

**PI mutations**

several subtypes, it is the consensus residue.

K20R/M/I/T/V are associated with resistance to multiple PIs when present with other mutations. K20R/M/I

resistance to del and

3N in which case it  
 n. K103N is a rarer

mutations (TAMs). AZT

**Grazie a tutti per l'attenzione!**